

Local support information for Families, Carers and People affected by MND

All information correct as of 16/06/2020.

MND Association - North East

David Whalley - Area Support Coordinator

T: 01604800613 M: 07966396094

E: david.whalley@mndassociation.org

Monthly Carer sessions held via Zoom. Please contact David for joining details.

MND Association Tyne and Wear Branch:

Contact: Marian Dent, marian@mnd-tyneandwear.org.uk

Facebook: www.facebook.com/groups/tynewearbranch

Twitter: https://twitter.com/MNDTyneAndWear

MND Association Northumberland Group:

Contact: David Whalley, ASC, David.whalley@mndassociation.org

Facebook: www.facebook.com/groups/866736906753779/

Twitter: https://twitter.com/mnd_NlandGroup

MND Association Durham and Darlington Group:

Contact: Geoff and Wendy Sheldon, geoffsheldon6899@aol.com

Facebook: https://www.facebook.com/mnddurham/



Carer Support via Local Authority Area

Northumberland

Carers Northumberland – advice and support for carers in Northumberland

T: 01670 320025

E: <u>info@carersnorthumberland.org.uk</u> W: <u>www.carersnorthumberland.org.uk</u>

Northumberland County Council – information around Carers Assessments https://www.northumberland.gov.uk/Care/Support/Care-support-for-adults.aspx#carers

Young Carers Support Directory (Northumberland) https://voices-northumberland.org.uk/young-carers/

Newcastle

Newcastle Carers – Advice, Support and Guidance for carers in Newcastle

T: 01912755060 SMS: 07874100043

E: <u>info@newcastlecarers.org.uk</u>
W: www.newcastlecarers.org.uk

Newcastle City Council – Advice and support around Carers Assessments https://www.newcastle.gov.uk/services/care-and-support/carers/carers-assessment

Young Carers – Support for Young Carers in Newcastle https://www.newcastlecarers.org.uk/what-we-do/young-carers

Health and Wellbeing

https://www.newcastle.gov.uk/services/libraries-culture/health-and-wellbeing

North Tyneside

North Tyneside Carers Centre – Advice, Support and Guidance for carers in North Tyneside

T: 01916432298

E: enquiries@ntcarers.org.uk

W: www.ntcarers.org.uk

North Tyneside Council

https://my.northtyneside.gov.uk/category/1038/carers



SIGN North Tyneside – Information on adult health and wellbeing services http://www.sign-nt.co.uk/

South Tyneside

South Tyneside Adult Carers Service (STACS)

T: 01914061531

E: STACS@cgl.org.uk

W: www.changegrowlive.org/adult-carers-service-south-tyneside/info

South Tyneside Young Carers

T: 01914272795 Mobile: 07387109388

E: <u>levi@styoungcarers.org.uk</u>
W: www.styoungcarers.org.uk

Gateshead

Gateshead Carers - Support, Advice and Guidance for carers in Gateshead

T: 01914900121

E: enquiries@gatesheadcarers.com

W: www.gatesheadcarers.com

Young Carers – Support and advice for Young Carers in Gateshead

T: 01207549780

E: <u>info@carerstrusttw.org.uk</u>
W: <u>www.carerstrusttw.org.uk</u>

Gateshead Council

https://www.gateshead.gov.uk/article/4946/Carer-s-assessment

County Durham

Durham County Carers Support – Support, Advice and Guidance for carers in Durham and Darlington

T (Durham): 03000051213 T (Darlington): 03000301215

W: www.dccarers.org/

The Bridge Young Carers Service – Support for Young Carers in County Durham

T: 01913832520

E: durhamyoungcarer@family-action.org.uk

W: www.family-action.org.uk/what-we-do/children-families/young-carers/



Darlington Young Carers

T: 01325483038

E: info@humankindcharity.org.uk

NHS - Motor Neurone Disease Care Centres

Newcastle Care Centre Office Block 6, Peacock Hall Royal Victoria Infirmary Queen Victoria Road Newcastle upon Tyne

T: 01912823693

W: https://www.mndassociation.org/support-and-information/our-services/care-centres/newcastle/

Middlesbrough Care Centre Murray Building The James Cook University Hospital Middlesbrough

T: 01642854138

W: https://www.mndassociation.org/support-and-information/our-services/care-centres/middlesbrough/